



Breakfast N Bikes!

You are invited to bike to/from Rhineland to Trailside to enjoy breakfast. There is no fee to participate (the price of the meal is not included).

Saturday, October 21, 2017.

Meet us at the **McKittrick Trailhead** before 8:00 AM. **We will leave together at 8:00 am.** Kids are invited too!

LOCATION: Start and finish at McKittrick Trailhead

REGISTER: Email slenger@hadh.org to let her know you will be participating! Also, everyone must fill out a registration form before participating. Helmets are recommended.

Questions? Check www.hadh.org, email slenger@hadh.org or call 486-2041 at Hermann Area District Hospital. Get updates at [Facebook.com/HermannHospital](https://www.facebook.com/HermannHospital).

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Name: _____ AGE: _____

Family member name: _____ AGE: _____

Family member name: _____ AGE: _____

Address: _____ E-Mail: _____

City/State/Zip Code: _____ Phone: _____

Waiver of Liability: In consideration of this entry, I the undersigned or, intending to be legally bound hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims or damages I may have against Hermann Area District hospital, City of Hermann, and their representatives, sponsors, volunteers, its successors and assigns for any and all injuries suffered by me in said event. By the signature or signatures below permission is hereby granted to the **Hermann Area District Hospital** to use the photographs taken today for marketing purposes, press releases or information programs.

Signature: _____ Date: _____

(Parent, if under 18)